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4Life[®]
TOGETHER, BUILDING PEOPLE[®]

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Happy New Year!

“... whether it is in science, success, or service — leading is serving.”



As I recounted many of our accomplishments over the past year, I was moved by the thought that in every aspect of 4Life®—whether it is in science, success, or service—**leading is serving**. Whether it is making a contribution to Foundation 4Life™, sharing a 4Life Product, or enriching another life with the financial potential of the Life Rewards Plan™, the opportunity to rise as a leader is fueled in proportion to the level of service you're willing to extend.

I am proud to say 4Life abounds with examples of service and leadership. During the recent Tropical Storm Noel devastation affecting Mexico and the Dominican Republic, 4Life leaders from around the world stepped forward to help, both with monetary donations and dedicated personal service in these distressed regions. Leadership is most vividly illustrated in times such as these, by individuals willing to roll up their sleeves, or open up their wallets, and help wherever needed.

The rewards of rallying together as a 4Life family were deeply felt by

thousands of people in need, and I want to extend my personal thanks to everyone—all of the dedicated distributors and employees—who made donations to Foundation 4Life during the last few months. Your contributions helped provide much needed aid to 4Life family members suffering from Tropical Storm Noel. I hope you take the time to read more about the impact you helped make on page 24 of this magazine, and feel the sincere pride and appreciation for the power that comes from *Together, Building People*.

Additional impact can be made every day, not only in our humanitarian endeavors but also within each organization to mentor and support new distributors. And just as we rallied to help those in need, we can also help people succeed. In fact, one of my favorite business tools offers the opportunity to do both: the Foundation 4Life AutoShip packs. These packs combine the entrepreneurial spirit of successful business building with the ability to give back to communities in need... and sharing exactly what 4Life is all about.

I encourage you to head to www.4life.com, select one of our Foundation 4Life AutoShip packs, and take advantage of these money-saving—and life-changing—opportunities.

More than ever before, your continued commitment to serve can ensure continued success with 4Life. Every one of us can achieve the results we desire by staying motivated, making daily contributions to our businesses, and remaining devoted to our valued business partners. Here's to leading the way in 2008! ●

All my best,

Steve Tew
President

▶ Get to know this executive better by reading his executive bio online at www.4life.com. Simply follow the *Company* link to *Executives*.

Distributor Services Trainer Astrid Najera



Got a question about the inner workings of 4Life Distributor Services? Astrid Najera has the answers. She's been with 4Life for almost three years, and in that time she's held various positions within Distributor Services. She began her tenure at 4Life taking phone calls from Spanish distributors. After about a year, Astrid started working as a Backup Supervisor for Distributor Services representatives. But she really got into her 4Life groove when she moved to the Distributor Services Trainer position.

Much of Astrid's workdays are spent coordinating and sharing information. She composes and answers a lot of e-mail, sends information to the representatives in her department, arranges trainings, and works on department projects. She says, "I enjoy getting to know every employee in Distributor Services through my job. I also get to travel to new 4Life offices around the world to provide training, which is great."

Born in Guatemala City, Guatemala, Astrid moved to Utah with her family when she was ten. She married Rember Jimenez and they love relaxing together on the weekends, watching movies, listening to music from different countries, and learning about ancient cultures. Astrid's even involved with 4Life during her time off—she plays defense on the 4Life women's soccer team! ●

► **Did You Know Astrid:**

- Enjoys watching movies, especially "The Mummy"
- Is busy working on her college degree
- Loves the new enummi™ Face products
- Is planning to visit Guatemala next year

Senior Vice President, Marketing
Trent Tenney

Director of Marketing
Sharon Stasney

Creative Director
Wade Palmer

Project Coordinator
Nicole Gratzinger

Graphic Design Staff
Jeff Burns
Trent Jameson
Patrick Patno
Vladimir Sokolov

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Summit is published bi-monthly by 4Life Research, USA, LLC, www.4life.com. ©2008 4Life Research USA, LLC.

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Transfer Factoids

4Life is the Transfer Factor Company. As a 4Life Distributor...

- You have four different ways to receive your daily dose of 4Life Transfer Factor®—capsules, chewable, liquid, and topical formulas.
- Your business is protected by two exclusive patents. The extraction process for transfer factors from chicken egg yolks is protected by U.S. patent 6,468,534; exclusive manufacturing techniques for extracting transfer factors from cow colostrum and chicken egg yolks are protected by U.S. patent 6,866,868.



TOGETHER, BUILDING PEOPLE®



Ray & Barbara Meurer 
Florida, USA



Dr. Herminio Nevárez & Yadira Olivo 
Puerto Rico



Bonnie Taylor 
California, USA



Juan Rosado & Damaris Zapata 
Puerto Rico



Jeff & Michelle Altgilbers 
Guam



Dave & Gabriela Daughtrey 
California, USA

*“4Life is not what we do. It’s who we are.
We live this company and we love helping people.”*

Ray & Barbara Meurer
Platinum International Diamonds
Florida, USA

 Distributors who have been awarded Beacon of Hope status during the months of September and October 2007. Beacon of Hope status represents a Foundation 4Life donation of \$5,000 or more.



Changing Lives in Colombia

Norma Constanza Rocha Collazos, Gold International Diamond



I got involved with 4Life® through my mother, Presidential Diamond Maria Lucia Collazos. She searched for years to find a way to support her health and 4Life Transfer Factor® really met that goal. She then introduced me to the 4Life Opportunity. Through network marketing, I knew I could increase my capacity to serve others. I was also excited to learn a new profession that would allow me to be a better person.

Now, my life has completely changed because of 4Life. I am truly living all of my dreams. I have quality time to spend with my daughter. I have more time and money to invest in my personal growth and spirituality. I think, act, and speak

differently. I feel more useful to society. 4Life has allowed me to bring hope for a better tomorrow to many homes in my country where there was none previously. Because of 4Life, many people live better in every aspect of their lives. 4Life is a huge opportunity for the people of Colombia to write a new history. It's an opportunity for people who are willing to change, live their dreams, be happier, and improve the lives of others.

I am very thankful to achieve the rank of Gold International Diamond. I feel a deep gratitude to God and to my whole team. My team has truly committed themselves to this marvelous mission with a wonderful attitude. When 4Life opened its office in Colombia, we were really able to unite as a group and achieve great things. I am also grateful to Dr. Herminio Nevárez and all of the International Networkers Team members who helped me become a network marketing professional.

I have so many favorite experiences with 4Life. It's wonderful to listen to people who have received health support from 4Life Products. It's also amazing to witness leadership qualities develop in distributors who no one else believed in. The **elevation07** convention was another magical opportunity for me to

witness the love that Co-founder Bianca Lisonbee has for 4Life Distributors. Love is the motto of my team. With it, anything is possible.

I believe that a true leader has the capacity to guide others to a common goal. A leader has a great capacity for understanding, acceptance, support, evaluation, respect, gratitude, and service for the good of the group. If you want to achieve a new rank, make your entire team a part of the goal. Give everything of yourself and don't leave anything for tomorrow. Be passionate about your goals until you achieve them. ●

▶ Born and raised in Colombia, Norma loves to play sports, go to the movies, dance, read, and travel. This big-hearted Gold International Diamond also loves showing love to people around her, especially her daughter Laura Valentina Ruiz Rocha.

“Give everything of yourself and don't leave anything for tomorrow. Be passionate about your goals until you achieve them.”



Akram Din
Malaysia



Angel Molina Gali &
Maria Lopez
Puerto Rico



Barbara Wagner
California, USA



Chiang, Ting-Ti
Taiwan



David Phillips *
Washington, USA



Edgar Mojica
Florida, USA



Enrique & Ángeles Balboa
Mexico



Eiichi &
Keiko Uemura
Japan



Elizabeth Krakowiak
Connecticut, USA



Esdras Cabrera Alberto &
Rosa Nelia Vargas *
Puerto Rico



Fernando González Rojas &
Alvaro Abascal Abascal
Spain



Hernán J. Santiago &
Yaceska Robles
Puerto Rico



Indra Virasinghe
Australia



Iván Rodríguez &
Marie Marquez
Texas, USA



José Gabriel Londoño &
Cecilia Inés Cardona
Colombia



Kurt & Melony Kuhn
California, USA



Lourdes García &
Wilfredo Velez
Puerto Rico



Luis González
Puerto Rico

(Continued on pg. 8)

“We’ve been able to take 4Life® to many, many people, using a voice of encouragement and hope. We’ve witnessed many people in our organization accomplish their goals and dreams. It’s very satisfying for us.”

José Gabriel Londoño and Cecilia Inés Cardona
Gold International Diamonds
Colombia

* Distributors who have been awarded Ray of Sunshine status during the months of September and October 2007. Ray of Sunshine status represents a \$3,000-\$4,999 donation.



Michael & Betty Ng
Australia



Mike & Marsha Akins
Kansas, USA



Norma Constanza
Rocha Collazos
Colombia



Rafaela Santiago
Puerto Rico



Ranny Marrero &
Ivlysse Robles Nieves
Puerto Rico



Dr. Ricaurte Samaniego &
Joanna Martino
Puerto Rico



Rob Robertson Jr., M.D.
Kentucky, USA



Rob Robertson III
Tennessee, USA



Rolando Sánchez &
Zaida Morales
Puerto Rico



Mr. & Mrs. Sadik Din
Singapore



Sandra Davis
Kentucky, USA



Sheri Din
Singapore



Tadashi & Saeko Shinjo
Japan



Teri Shuler
South Carolina, USA



Yvonne Lai
Taiwan

New International Diamond advancements listed are for the volume months of September – October 2007

Alfredo Besosa &
Olga Salinas
Sponsor: Norma C. Rocha
Colombia

Cho, Hang Ok
Sponsor: Chun, Bok Im
South Korea

Chun, Bok Im
Sponsor: Lin, Chi An
South Korea

Chun, Grace
Sponsor: Kyung C. Kang
South Korea

Eduardo Marin
Aristizabal
Sponsor: Celestino Torres
Panama

Jose De Jesus
Rivera Nova
Sponsor: Maria
Guadalupe Nova Romero
Mexico

Liliana Vega Ospina
Sponsor: Lorena
Vega Escobar
Colombia

Maria B. Florez Morales
Sponsor: Norma C. Rocha
Colombia

“Thanks to 4Life® I am now financially free. I always dreamed about visiting different cultures and spending time with my husband and children, and now it’s a reality.”

Lilly Sanchez
International Diamond
Texas, USA



International Diamond must have qualified May – October 2007

AUSTRALIA
Bob Fedorowytch
Neville Chisholm

Manabu & Eriko Shinjo
Wako Warabi
Yuki Tamanaha

RUSSIA
Boris Ezhov
Galina Streltsova &
Arkadu Gelman
Lyubov Alimova &
Mikhail Alimov
Marina Ushenina &
Sergey Ushenin
Tatiana Yachnaya

TAIWAN
Chen Chen
Sheng, Ming-Zh-He

Jorge Santana
Jose Martin &
Zoraida Rosado
Juan R. Jimenez Torres
Juan Vargas Boneo
Julio Rodriguez
Kay Lund
Kim Ferguson

EMERGING MARKETS
Edwardo Pasquel
Sandoval
Fabio Varona &
Ma. Isabel Barona
Lorena Daza Castillo
Mabel Ibanez Mansilla
Ruben Jara
Solange Karina
Arcos Chang

CANADA
Linda Emmerson

KAZAKHSTAN
Karateeva Nadezhda

THAILAND
Nongnut Buwan
Somchai Sangwichaipat

COLOMBIA
Alfredo Besosa &
Olga Salinas
Edgar Criollo
Giovanni &
Sandra Perotti
Jairo Gilberto &
Luz Marina Cruz
Liliana Vega Ospina
Maria B. Florez Morales
Sandra Maria
Torres Cardona
Yesid Franco &
Blanca Murcia

MALAYSIA
Koh Seng Kong
Mr. & Mrs. S.S.
Tamilselvan
Rasid Bin Kamisan
Richard & Nancy Quek

UNITED STATES
Abelardo Irrizarry
Alicja Warzecha
Antonio Gonzalez
Arlenne Diaz
Art Lacoste
Boguslaw Tomalski
Bonnie Hornsby
Carlos Padilla Cruz &
Maribel Perez
Chen, Chin Ying
Dan Phillips
Derek Brewington
Dr. Duane &
Joan Townsend
Ed Locke
Eric Ferguson
Felipe Rivera Gonzalez
Felix Diaz
Felix Raul Ortiz
Dr. Gary Haagen
Gary Olson & Cynthia
Champion-Olson
George Fei
Ileana & Hugo Johnson
Indalecio Jimenez
Isidro Perez Ortiz
Dr. Jase &
Dr. Jinsun Khyeam

Leon & Jolene Thiessen
Leopold Lysloff
Lily & Angel Sanchez
Maria Banach
Dunkowski
Mark Mccarty
Miguel A.
Rodriguez Rivera
Naoka Oberman
Noel Albelo
Ok Kim
Preston Cranford
Rick Toyosato
Rigoberto Carrion
Ron Knisely
Sandra Davis
Shirley Lipschutz
Steven Slagle
Suzette Lawrence
Teresa Malgorzata
Kwiatkowska
Teresa Tomalska
Thomas Mestre
Tom Myers
Tom Parades
Tomas & Isabel
Rodriguez
Wayne Ehrenberg
William D. Ferguson

**DOMINICAN
REPUBLIC**
Dionny Recio

MEXICO
Jose Alberto
Rivera Nova
Jose Alfredo
Gonzalez Lopez
Jose De Jesus
Rivera Nova
Teresa Patricia
Navarro Lara

SINGAPORE
Eduard Mancarajatua
Parsaoran
Freddy Hutapea
Mohamed Senin
Bin Yahya
Muhammad Fadzil
Bin Salim

SOUTH KOREA
Grace Chun
Son Seon-Joon
Chun Bok M.
Cho, Hang Ok
Kim Hyun Jin

JAPAN
Etsuko Sato &
Nobuhiko Ishiguro
Keiichi Tomisu
Kim Hichoru
Komei Tatsukawa

NEW ZEALAND
Barry & Sue Blake

SPAIN
Beatriz Momba &
Jose Martin
Benito Garcia Miguez
Carlos Fernando Rocha
Luz Marina Rivera
Nidia Pinzon López

PANAMA
Andrea E. Corredoira
Candelaria Alvarado
De Torne
Celestino Torres
Eduardo Marin
Aristizabal
Gabriel Mason
Luzmila De Silvera

Presidential Diamond advancements listed are for the volume months of September – October 2007



Horacio & Teresa Cevallos
Missouri, USA



Juana Francisca Espinal
Emerging Market



Maria Ramirez
Indiana, USA



Mario Francisco Prendas
Emerging Market

Not Pictured:

Chu, Ching-Yun
Sponsor: George Fei
California, USA

Luzmila Chu Joy
Sponsor: Nilsa Matos
Delaware, USA

Nathaniel Luigi
Lowe Calderon
Sponsor: Eduardo Marin
Aristizabal
Panama

Sandro Rueda Valencia
Sponsor: Amparo Muñoz
Gonzales
Emerging Market

David Claros Ascarrunz
Sponsor: Pamela Claros
Emerging Market

Margarita Fernandez
Sponsor: Cristobal Euceda
Castillo
New York, USA

Ovidio Murillo De Leon
Sponsor: Eliseo Torres
Panama

Yennifer Rivera
Sponsor: Roger T. O. Moreta
Indiana, USA

Lidia Altgracia
Rosa Alvarez
Sponsor: Pedro Antonio
Romero Lopez
Dominican Republic

Mario Francisco Prendas
Sponsor: Juan Vargas Arias
Emerging Market



New Diamond advancements listed are for the volume months of September – October 2007

CALIFORNIA

Ae Seal Park
Maria G. Oajaca
Sharon Cheng
John Liu
Keh Yann Chang
Kyung C. Kang
Mayra Lopez
Othella Seavers
Stephen Cheng
Tai Yun Lu

DELAWARE

Gabino Trujillo
Maria Virginia Perez
Norma Diaz

FLORIDA

Belarmino B. Dussan
Claudia Jimenez
Johana Gonzalez
Maria Torres
Pedro Luna
Carlos Morales
Carlos Rodriguez
Esther Arias
Fernando Doylet
Gary Gonzalez
Gilberto Tamez
Gonzalo Ocampo
Hugo Suarez & Marta Quintero
Iliana B. Kalish
Jorge E. Corredor
Juana Lagunes
Lionor T. Esson Reid
Marcos & Ama Acevedo
Maria R. Ospina
Marta Eugenia Garcia
Yormary Tavera

ILLINOIS

Diana Arcila
Felipe Ocampo
Linnett Ramos

INDIANA

Mario F. Astudillo
Josue L. Torres
Olimpia Villa Ortiz

MISSOURI

Donnye Sommerville

NEW JERSEY

Ilsa Nuñez
Norma Figueroa

NEW YORK

Francisca Henriquez
Auristela Espinal
Ingrid L. Rueda
Juana Alvarado
Lourdes Quintanilla
Maria Isabel Giler
Maria Mercedes Tineo
Soraida Polanco

NORTH CAROLINA

Jose R. Colon
Maria Salud Calvillo

OKLAHOMA

Jeffrey & Olivia Richard

OREGON

Randy & Tanya Selby

PENNSYLVANIA

Maria Mejia
Minerva Roman

RHODE ISLAND

Ladimer De Alencar
Maria Izurieta
Maria Jimenez
Silvio A. Cuellar

SOUTH CAROLINA

Benito Duenes Montes

TEXAS

Carlos Castaneira
Cris Corral
Guadalupe Villa Franca
Mayra Rodriguez
Guadalupe Gonzalez
Samuel Gonzalez
Sandra Escamilla

UTAH

Maria De La Cruz Huerta

WASHINGTON

Rodolfo Vasquez Moreno

WEST VIRGINIA

Angela Taylor Peroti

CANADA

Maida Carmona Rodriguez

DOMINICAN REPUBLIC

Hilda Santana
Luisa Elena Ulloa Lora
Jehny L. Guzman M.
Paula Leonardo Gil De Sanchez
Rosa Maria Ysambert Frias

PANAMA

Ana Maria Juarez
Angela Yadiera Aizput Lavantu
Arelis De Lourdes Perea De Ortega
Francisca Caraciola Georgette Skeeling
Luis Antonio Delgado Montilla
Marta Turcios
Median Rohwedder De Peralta
Rafael Uribe Alvarez Quintero
Victor Alonso Gonzalez
William Enrique Teran Doras
Carlos Ariel Carbo
Cristian Matias Carbo
Horacio Francisco Freeman Cervantes
Jacinto Cerezo Flores
Liriola Damaris Delgado
Teresa Guadalupe Naranjo Pinzon

PUERTO RICO

Amarilis Hernandez Quinones
Jessica Mercado Guadalupe
Mario S. Ramirez
Myrna M. Roman Cruz & Roberto
Agosto Adorno
Nilda L. Santiago
Carmen Leon Morales
Luis G. Ortiz
Wilma Cintron

VIRGIN ISLANDS

Noel Obrien

EMERGING MARKETS

Aida Narcisca Ayala Aguirre
Aida Zunilda Bogado
Alba Lucia Cuicas Romro
Alexandra Christine Hill Cromenbold
Amilcar Javier Fernandez Villeda
Ana Maria Revelo Guerrero
Armando Carvajal Chinchilla
Cecilia De Lourdes Revelo Portilla
Carlos Francisco Vittes Lazaro
Carmen Edith Chavez Candia
David O. Galora Quiroz
Enriqueta Montes Zumba
Esperanza Diaz Villamizar
Eva Isabel Quiroga De Gonzalez
Flor Muñoz Tuarez
Gloria De Las Mercedes Vallejo Alban
Graham A. Elcock
Hermes Justino Martinez Castillo

Ileana P. Chaverri Rojas
Isabel Mejias Estrada
Ivan Molina Avila
Jose Gregorio Royett Martinez
Jose R. Nuñez Buitrago
Jose Ramon Rendon Casquete
Jose Romero Argueta
Karenina Gianella Zambrana
Karina Pape Carrasco
Louis Etienne Peterson
Louis Lewis
Luis Alberto Antequera & Beatriz Soruco
Marcia Jimena Torres Armas
Marco Aurelio Alvares
Maria Antonieta Mandich Paredes
Maria Garcia Martinez
Maria Mercedes Ayala Mosquera
Maria Zoila Martinez
Martha Yris Jimenez Rodriguez
Mery D. Pena Garcia
Monica Bodero Lascano
Nancy Elizabeth Arias Coronel
Ovelisa Pinargote Salto
Patricio Cambizaca Leon
Renan Fritz Caparachin Roque
Soraya Eras Romero
Victor Artemio Looor Looor
Zoila Teresita Garcia Intriago



These distributors have been awarded Light 4Life status by making a contribution of \$100-\$2999 in September and October 2007 to Foundation 4Life™.

Anibal Santiago	Idalis Quiñones y Pedro García	Media Works, Inc.
Abdallah Salamah	Ileana López Rivera	Melvin Cabrera
Alba Marin	Indra Virasinghe	Miriam De Francisco
Alberto Rios Vargas	Dr. Irvine y Marian Branker	Mori Takao
Alejandro Valle	Ivan Emanuelli	Nancy D. Nettles
Amelia Cintron Velazquez	Jahleel Woodbridge	Nancy Feliciano Matias
Ana Vasquez	Jarrod Parry	Nancy Lebron
Andrea Elizabeth De Corredoira	Javier Sierra Vasquez y Arlene Baez Rolon	Nancy Manzano Currea
Angel y Ivelisse Quinonez	Jeannette González	Naoka Chindo
Angel Carela	Jeanny Serra	Nelly Acevedo
Angel L. Ayala López	Jennifer M. Rodríguez Ortiz	Nidia Charpentier Mora
Angel Molina Gali y Maria López	Joel Comulada Vargas	Nitza Arroyo
Anibed Bidot López	Jonathan Hernandez Martínez	Nixa Rodriguez Berrios
Arlene Melendez Contreras	Jorge López	Nixaida J. Sánchez
Aurea Rivera	Jose A. Rivera Vega y Darlene Figueroa Lugo	Noel E. Dastas Lorenzi
Axel Flores	Jose Alfredo Gonzalez Lopez	Norma González
Barbara Barry	Jose Antonio Rojas	Norma Vilaríño
Barbara Wagner	Jose Figueroa Oquendo	Norman F. Roland
Barry y Sue Blake	Jose Javier Massa	Nuria Lorite Ayan
Beatriz Herrera De Pimentel	Jose L. Rodriguez Valdes Taverna	Orlando Baez
Beatriz Varona	Jose Luis Noguera	Osiris Zambrano y Rafael Parra
Benjamin Acevedo	Jose Martin y Zoraida Rosado	Oswaldo J. Rivera
Calvin McCausland	Jose Torres Alvino	Paola Archer Resendiz
Carlos Alfonso Alvarez	Juan Caceres Olivera	Pedro Ebel Andujar González and Francisca Diaz
Carlos Bonilla	Juan E. Marrero Luciano	Rafael Delgado
Carlos E. Santiago López	Juan L. Vazquez Lopéz	Rafaela Santiago
Carlos H. Sánchez	Juan Vargas Arias	Ramon E. Hernández Guillermet
Carlos Miguel Perez Font	Juan Vargas Boneo	Ramon Marrero Cortez
Carlos Padilla Cruz y Maribel Perez	Julia Robles Cruz	Raquel Maysonet Carrion
Carmen Cintron	Julio C. Rodríguez	Raul Gonzalez
Carmen Martínez Madera	Kay Lund	Dr. Ricaurte Samaniego y Joanna Martino
Charles James	Kevin y Courtney Moore	Dr. Rob Robertson Jr., M.D.
Charlie Acosta	Kiremier Aponte	Rob Robertson III
Christopher A. Rivero	KL Bennett	Roberto Callado V. y Miriam Lara B.
Cleopatra Alvarado	Koh Siew Kuan	Roberto Santiago Vasquez
Daissy Garcia	Kwanchai Sethanand	Roger Arroyo
Daisy Garcia	Laura I. Saez	Rolando Cordero Vázquez
Damaris Reyes Rodríguez	Lenore Tejeda	Ronald Charles
Daniel Soto	Lesli Villatoro	Ruby Hurst
David Antonio Martínez	Lidia Martínez Hernández	Sakinah Foster
David Feliciano Vázquez	Linda Emmerson	Silvia Caban
Desiree De Leeuw	Linnett Ramos	Shauna Lunak
Diana Morales y José Salgado	Lorena Vega Escobar	Susianti Sugiarto
Dionny Recio	Lourdes Garcia y Wilfredo Velez	Tadashi y Saeko Shinjo
Dr. Edgar y Michiko Guess	Luis A. Pantaleon	Tagui Dominguez
Edgar Criollo	Luis González	Tom Sjovall
Edgardo Lorenzo	Luis J. Ortiz	Trent Tenney
Edgardo Sanes	Luis R. Santiago	Valence Greenidge
Edwin Castillo Melendez	Luis Segarra	Vannessa Mercado Luna
Edwin Delgado	Luz D. Vargas	Walter Davis
Eiichi y Keiko Uemura	Luzmila De Silvera	Walter I. Carrero
Elaine B. Gill	Madeline Von Derlinden	Wanda Vega
Esmeralda Morales	Magda Quintela	William A. Lucas Jr.
Evelyn Sjovall	Malarette Urriolla	William Dunn
Fabian Edgardo Benitez	Maria Antonieta Mandich Paredes	Wilson Cordero Ruiz
Felix Ramírez	Maria Banach Dunkowski	Yaceska Robles
Fran Dobras	Maria Carmen Ibañez Pardo	
Francisco y Linda Guerrero	Maria D. Cintron Gonzalez	
Francisco Archer Resendiz	Maria Del Carmen Cruz Davila	
Francisco José Lora	Maria Elena Morato Pasalodos	
Gabriel Mason	Maria Izurieta	
Geneva Gay Seymour	Maria Salas Rojas	
Georgina J. Rodríguez	Maria Teresa López Rodríguez	
Geovanni Santiago Maldonado	Marielly I. Minaya	
Giannina Pérez	Maris Dreimanis	
Gilberto Villegas	Martha Delgado	
Gladys A. Campos Nazario	Martha E. Cruz	
Griselle Morales Rivera	Marty Prue	
Hector Montes De Oca	Matilde Lopez Leon	
Henry Menendez Garced	Mauricio Campos Charpentier	

Please note, all Convention 2007 donations were doubled in the Lights 4Life program.



Jeffrey & Olivia Richard
Diamonds
Oklahoma City, Oklahoma

Jeffrey and Olivia Richard came to 4Life® after reading an off-the-rack issue of *Success from Home*. With a background in service and classical opera training, Jeffrey loves enhancing people's lives. Olivia is a Filipino American who completed two successful seasons as a sportscaster for the ABS-CBN X-Games before joining the 4Life family. While they are thrilled to be sharing the 4Life journey together, their favorite joint venture is raising their five-year-old son, Ezra.



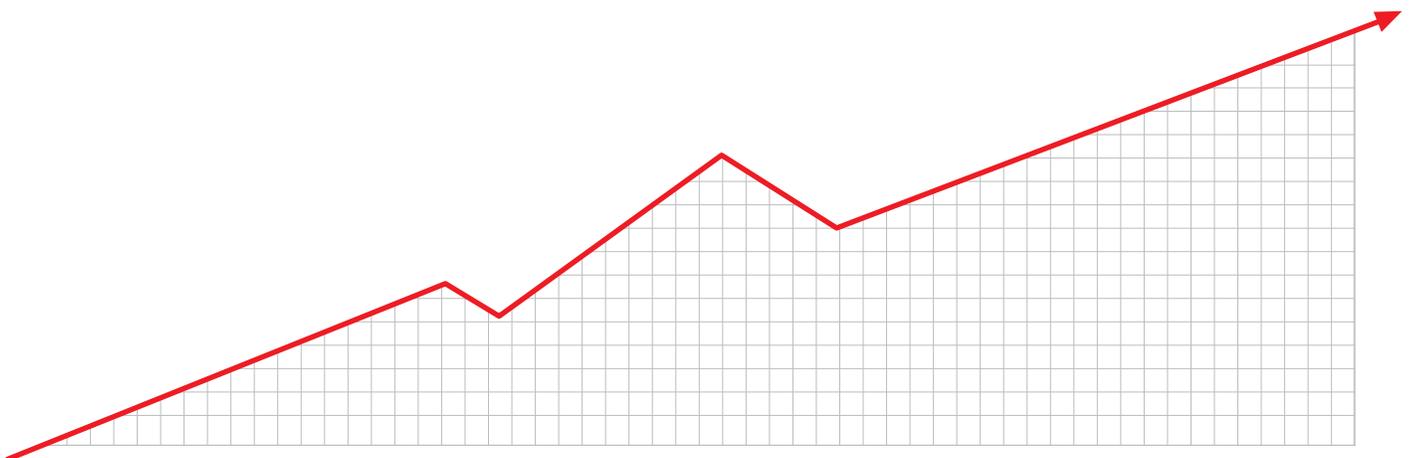
Rolando Garcia
Presidential Diamond
Brownsville, Texas

Rolando represents a growing number of young 4Life entrepreneurs who are changing people's lives through Science, Success, and Service. After 4Life's 2006 convention, Rolando and fellow distributor Presidential Diamond Valence Greenidge took the opportunity to Barbados. Eighteen months later, Rolando's vision helped lead 35 people from Barbados to 4Life's **elevation07** convention last September. Since joining 4Life in 2005, this father of two has focused his efforts not only in Barbados, but in the United States and Mexico.



Jon & Laura McIntosh
Diamonds
Prineville, Oregon

Jon and Laura love living in the northwest with their four children, who range in age from 12 to one; in fact, desiring a better quality of life for their family is what drew them to the 4Life Opportunity. The driving force behind their 4Life Business? "To look back on our lives and know that we made a difference in the world."





The One and Only...

4Life Transfer Factor® RioVida® Tri-Factor™ Formula

One taste of RioVida's smooth juicy flavor may cause you to forget all about what makes this product *really* good... a daily dose of 4Life Transfer Factor Tri-Factor Formula. Yes, this one-of-a-kind liquid revolution fortifies your body with an intense concentration of active ingredients. And yes, it bottles the most antioxidant-rich fruits in nature. But where it really blows the competition away is with its powerful immune-system science.

RioVida is an Immune System Builder

Why focus on RioVida's impact on the immune system? Put simply, a healthy immune system is a vital factor to a healthy life. As a first-line defender, your immune system plays a key role in the optimal function of every other system in your body.

RioVida is the only antioxidant juice drink that delivers the top-notch immune system support of transfer factors. Unlike vitamins, minerals, or herbs that simply add nutrients, these molecules actually *transfer* immune memory, knowledge, and wisdom from one entity to another,

such as when a breastfeeding mother passes vital immune knowledge to her newborn.

4Life Transfer Factor and NanoFactor™—4Life's concentrated extracts of transfer factors and nanofractions—support your body with immune **intelligence** and **intuition**. They direct the immune system, fine-tune its responses, and help you maintain healthy immune system **balance**.

4Life Transfer Factor Tri-Factor Formula synergistically combines 4Life Transfer Factor with NanoFactor to boost and balance the immune system, according to what **your** body needs.

Such exceptional immune support (its ingredients have been shown to increase immune system function by 283%) makes it easy to share RioVida with friends and family, yet there's still more to this story.

RioVida is Your Antioxidant Source

If you're looking for a "superfood," look no further. RioVida gives you a nutritional boost from nature's strongest energy fruits, including the antioxidant

super power of açaí (shown to contain up to 30 times the anthocyanins levels of red wine), blueberry, pomegranate, elderberry, and purple grape.

Antioxidants are the fuel your body needs to fight off naturally-occurring free radicals that are known to cause cellular damage and promote the effects of aging. Not only do the fruits in RioVida provide protective antioxidant support, but they also boast a balanced complex of essential fatty acids, amino acids, and valuable trace minerals.

With its outstanding immune support, nutritional combination, and great taste, it's easy to see how RioVida puts the rush back into living. ●

RioVida is the only nutritional drink in the world to combine 4Life Transfer Factor Tri-Factor Formula with antioxidants.

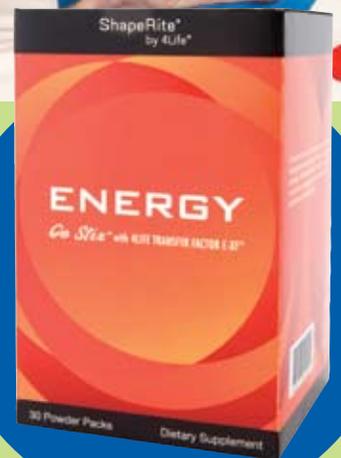
* Test results conducted over a three-year period, including: (1) 2004 blind studies on 4Life Transfer Factor E-XF (a proprietary blend of transfer factors from bovine colostrum and chicken egg yolk sources) administered by Dr. Anatoli Vorobiev, head of Immunology at the Russian Academy of Medical Sciences, Moscow, Russian Federation; and (2) a 2007 study on 4Life Transfer Factor Tri-Factor Formula (Transfer Factor E-XF and NanoFactor) by Dr. Kiselevsky, Russian Academy of Medical Sciences, N.N. Blokhin Oncology Research Center.

From **BURNED OUT** to **TWIST AND SHOUT**



Homework, soccer practice, laundry, guitar lessons, PTA meetings, yard work, bake sales, grocery shopping... and it's only Wednesday. Feeling the droop? Then regroup, with Energy Go Stix™!

Our new formula, infused with 4Life Transfer Factor E-XF™ and a clever blend of body boosters, will keep the hustle in Mom and Dad's bustle.

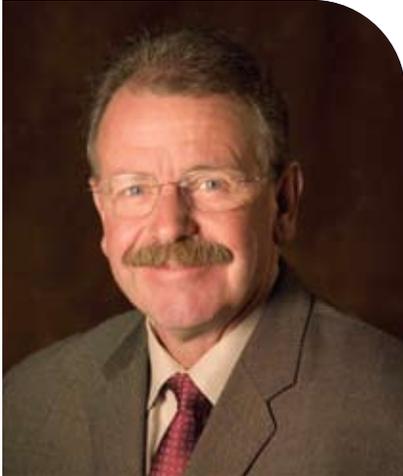


PUT THE "LIFE" BACK IN "FAMILY LIFE," WITH ENERGY GO STIX.



The Science Behind NanoFactor™

Richard Bennett, Ph.D.
Health Sciences Advisory Board Member



Immune system science recently took a quantum leap forward with some exciting new research. Scientists have known for some time that colostrum contained molecules less than half the size of transfer factors. 4Life® scientists recently discovered the immune system power behind these smaller molecules, named nanofractions. Their discovery? That nanofractions, and 4Life's proprietary concentration called NanoFactor, have specific balancing benefits for the immune system.

What do we mean by balance?

Balance is modulation. The body is able to both calm and activate immune system activity, depending on what the body needs.

In laboratory experiments, NanoFactor has been found to “tame” cellular immune metabolic activity after stimulation from a non-specific and non-harmful source. In effect, NanoFactor says, “Calm down, this is not a threat. Do not overreact.” In addition, NanoFactor has powerful boosting ability. All of us, at one time

or another, have sluggish immune system responses. NanoFactor can also say to the immune system, “Come on, you can do better than that,” and boost the immune response. The key to NanoFactor's power is its ability to judge the situation at hand with natural intuition.

To better understand how 4Life Transfer Factor® and NanoFactor work together in our Tri-Factor™ Formula, an analogy may be useful. Think of your immune system as a firehouse. When there is no threat to the body, the immune cell firefighters (T cells, Natural Killer cells, and others) rest. The 4Life Transfer Factor Fire Captain educates the firefighters to recognize potential problems. When an emergency occurs, 4Life Transfer Factor sounds the alarm, telling the firefighters to wake up and get prepared for action.

The NanoFactor Fire Chief directs the action, determining which situations need the most help, and which situations don't require action. The chief is wise; years of experience have helped him develop strong intuitive judgment. His wisdom is a crucial component in making sure the immune cell firefighters take care of the most critical needs first.

When the NanoFactor Fire Chief is summoned to the scene, he must quickly decide if this is really a fire or just a lot of smoke. If there is indeed a fire, the chief

decides which resources and equipment must be called in to quickly contain and extinguish it.

Once the “immune fire” is contained and no longer a threat, the chief decides which firefighters and equipment must stay to put out the fire, clean up, and guard against flare-ups. Occasionally, the NanoFactor Fire Chief needs to intervene at the scene. In real-world situations, fire chiefs have issued emergency evacuation orders to get the crew out of a burning building. These types of quick and intuitive decisions must be made without delay. The NanoFactor Fire Chief possesses intuitive intelligence to make sure the immune system deals with a potential problem in just the right way. The immune firefighters are faster and more efficient in battling the threat because of the decision-making information received from 4Life Transfer Factor and NanoFactor.

The discovery of the immune intuition behind NanoFactor is truly a remarkable advancement in immune system science. Tri-Factor Formula brings together the intelligence of 4Life Transfer Factor and the intuition of NanoFactor to support and balance the immune system, depending on what your body needs. ●

When the NanoFactor Fire Chief is summoned to the scene, he must quickly decide if this is really a fire or just a lot of smoke.

Bianca Lisonbee Represents 4Life Research™ On “TODAY” Show

4Life’s Co-founder Bianca Lisonbee recently made her national debut on the NBC UNIVERSAL “TODAY” show to present a 4Life® donation to the broadcast’s 14th Annual Holiday Drive. The 4Life segment aired outside on the “TODAY” show patio at Rockefeller Plaza.

After presenting the “TODAY” show hosts with more than 600 blankets and pillows for children, Bianca closed the segment with a final contribution of 4,000 bottles of 4Life Transfer Factor® ennumi™ lotion to those who will benefit from the drive.

Look for behind-the-scenes footage of Bianca’s “TODAY” show appearance online at www.4life.com.



Açaí Berry Ranked as “Exceptional” Nutrient Source and “Highest Known” Antioxidant Strength

National publications continue to report what 4Life Distributors already know... RioVida®, the world’s only beverage containing transfer factors, is a “superfruit” beverage all its own. In a recent article published in the *Insider* entitled, “Tracking Market Meteors: Exotic Superfruits,” Paul M. Gross, Ph.D. explores marketplace trends among six superfruits, including açai, goji, mangosteen, noni, pomegranate and seaberry.

Gross ends his evaluation of açai by noting: “As measured by ORAC and phenolic concentration, antioxidant strength for the açai is the highest known, exceeding the next closest food by three-fold.”

Commenting on the article, 4Life Chief Executive Officer David Lisonbee stated: “In terms of antioxidants and immune system support, 4Life Transfer Factor® RioVida is unparalleled. Some expect the superfruit beverage market to double by the end of 2008. Armed with RioVida, 4Life Distributors enjoy one of the most unique and praiseworthy beverage available anywhere in the world.”



4Life Continues Its Worldwide Launches of 4Life Transfer Factor Tri-Factor™ Formula and The Compass

4Life Distributors from Japan, Malaysia, Singapore, Thailand, Taiwan, and the Philippines will enjoy a new year of enhanced business building with their recent launches of 4Life Transfer Factor Tri-Factor Formula products and The Compass, 4Life’s distributor training system for success.

“With our recent launches of Tri-Factor Formula and The Compass, distributors have a whole new arsenal of support for business success,” expressed President Steve Tew.

4Life Transfer Factor Products Approved for Use by Olympic Athletes

As first reported by 4Life Chief Scientific Officer Calvin McCausland, Ph.D., in *Direct Selling News*, 4Life received documentation from the Federal Anti-Doping Center in Moscow, Russia, that admits 4Life Transfer Factor for use by Russian Olympians in practice, training, and competition.

Dr. McCausland stated that “Arguably, this kind of marketplace positioning and high level product messaging simply isn’t possible without the involvement of a professional research and development team.”



For late-breaking news, visit 4Life’s Digital Newsstand at www.4life.com

4Life's Mexico Office Achieves Record-Breaking Sales

4Life's Mexico office was pleased to announce its most successful sales month to date, with a 25 percent increase in July 2007 sales as compared to the previous year. Distributor advancements are also on the rise with one new International Diamond and five new Presidential Diamond distributors ascending the ranks.

"I am proud of our Transfer Factor Mexico* Office and its remarkable progress during this past year," stated Vice President, International Jeff Kalinin.

*4Life operates in Mexico as Transfer Factor Mexico.

4Life Reports Relief Efforts in Mexico and the Dominican Republic

Relief efforts for victims of Tropical Storm Noel were highly successful in Mexico and the Dominican Republic. When the tropical storm blew through these regions in early November, Mexico and the Dominican Republic were declared disaster areas due to severe flooding, leaving thousands of families displaced from their homes and in desperate need of aid. Throughout the month of November, 4Life Distributors generously donated to Foundation 4Life™ to support 4Life family members affected by the storm. Truckloads of supplies, including food, water, clothing, and personal hygiene items were delivered to distributors in Villahermosa, Tabasco, Mexico, and the Dominican Republic.



4Life Announces New Managing Director for Australia and New Zealand

4Life is pleased to announce that Ben Riley, former Director of International Field Development at the U.S. 4Life office, will assume the role of Managing Director for Australia and New Zealand. This change was made after Daniel Nielsen decided to step down from his corporate position as Managing Director to become a full-time 4Life Distributor.

Ben has worked with 4Life since 2002 in various capacities and served an instrumental role in developing **The Compass** distributor success system. His leadership ability and past experience will serve Australian and New Zealand distributors well and help to expand on the potential of these growing markets.



4Life Sponsors Women's Soccer Team

4Life is pleased to announce its sponsorship of a local women's soccer team in Utah. 4Life *Together, Building People®* is comprised of seven 4Life employees and employee spouses from the U.S. office, along with other invited players.

Players include: Astrid Najera, Distributor Services Trainer; Chiko Leivermann, Distributor Services Administration; Gabriela Perez, Information Technology; Claudia Melgar, Premier Services; Denise Perez, (spouse: Dinora Perez, Distribution); Karen Holm, (spouse: Chase Holm, International Area Assistant); and Maria Baldassarre, Distributor Services International LP Center, who serves as team captain.

"This is exactly the kind of extra-curricular activity that builds the positive personal relationships so important to success in the workplace," expressed Senior Vice President of Marketing Trent Tenney. "We're proud to sponsor 4Life *Together, Building People.*"

Comments, questions, or inquires? calvinjolley@4life.com



Reach out and Lead

4Life executives speak out on leadership

By Kareen Openshaw

Photography by Dave Stoker

It's been said that an optimist stays up on New Year's Eve to see the new year in... and a pessimist stays up to make sure the old year leaves!

Hopefully you were the optimist and, now that a new year has dawned, you're facing it with new hope, a fresh determination, and the desire to recommit to your goals.

For a 4Life® Distributor, one goal shines brighter than the rest: to become a truly effective leader. But what does that really mean? And what qualities does it comprise? Is it pragmatism or optimism? Charisma or compassion? The top four executive leaders at 4Life—Founders David and Bianca Lisonbee, President Steve Tew, and Executive Vice President Bruce Redd—recently answered those questions, candidly sharing their thoughts about what true leadership means to each of them. The result? A collective definition of leadership that is worth aspiring to. >>



A great leader is flexible enough to adjust to daily detours and still maintain focus on what they're striving to achieve in life.

Chief Executive Officer David Lisonbee

“Having a magnetic personality or being an accomplished public speaker are certainly fine attributes for a leader to possess; but I believe other qualities give staying power to those who excel as true leaders.

“First, I believe that great leaders are also great followers... they follow a clear vision, they follow a concise plan for success, and they follow the good examples of other people around them. To lead effectively, you must be able to follow effectively.

“I also believe, in the course of a day, we all encounter thousands of distractions and diversions. Some diversions are legitimate concerns that require resolution—but do those tangents throw us off of our original trajectory? Great leaders are flexible enough to

adjust to daily detours and still maintain focus on what they're striving to achieve in life.

“Third, I would counsel our distributors to avoid overcommitment in 2008. Instead of setting 10 new goals, set only two or three goals and put all your energy into achieving them. At the end of the year you'll feel more accomplished at having completed two goals well, than if you attempted (but never achieved) 10 goals half-heartedly. Don't set yourself up to fail... streamline your goals, and give yourself permission to succeed!

“Ultimately, everything of worth takes effort to achieve. We have great distributor leaders at 4Life® who feel, as I do, that the work we're doing together is of great worth. I commend each and every one of you on your efforts, and wish all of you continued success.”

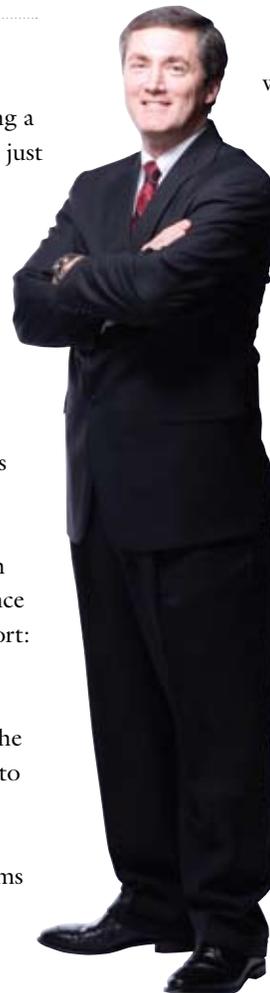
“In recent years, we have seen huge growth in Central and South America... and what impresses me most is that the people in those markets have very limited resources, and they are able to make something great out of something that starts small. These people are willing to sacrifice what little they have in order to forge a way toward a better life, not only for themselves, but for others. To make this kind of sacrifice takes faith and confidence... two qualities that I believe all great leaders should possess.

An effective leader has the ability to connect their dreams with a system that can help them achieve those dreams.

President Steve Tew

“Becoming an effective leader—and, in turn, growing a successful business—doesn't just happen. You must do what it takes to make it happen. Many of our Platinum and Gold International Diamonds are on the road constantly, sharing the 4Life message. Several 4Life organizations that are enjoying tremendous success have 100 percent meeting attendance... meaning that everyone in the organization attends a meeting at least once a month, if not more. In short: leadership takes work!

“Leadership also means having a plan—and having the tools in place to enable you to meet your plan's objectives. An effective leader has the ability to connect their dreams



with a system that can help them achieve those dreams.

“Being a talented motivational speaker may inspire people temporarily... but I truly believe the strongest leaders are those who devote themselves to three things: their dreams; the people in their organization; and the day-to-day effort it takes to achieve everyone's dreams together.”

“When it comes to great leadership at 4Life®, so many people come to mind—but in particular, I think of the distributors who aren’t just passionate about LP, they’re passionate about TBP—our *Together, Building People®* philosophy. This business really is about people, and the only way distributors will achieve success is by helping others achieve success.

“It’s also my experience that effective leaders have a vision of what they want—and when they feel the potential of an opportunity, they pursue that opportunity with their whole heart to realize their vision. Great leaders recognize the intangibles of a worthy venture... they sense a greatness that others may never fully appreciate and, with a quiet, distinct confidence, they begin the work of creating success, for themselves and others.

“I would encourage our aspiring leaders to do four things: first, make a decision—ask yourself ‘what do I want?’ Second, have a desire—have the passion to go

after what you want. Third, develop a plan—create a strategy for achieving what you want. And finally, work with others to achieve what they want—striving to achieve goals collectively makes for great leadership.

“My parting thought on leadership is a quote from author Dale Carnegie: ‘Always be the kind of person who makes others feel important.’ I believe one of the most crucial responsibilities a leader has is to make each member of their team feel like an invaluable part of the quest for success... because they are!”

Great leaders recognize the intangibles of a worthy venture . . . and with a quiet, distinct confidence, they begin the work of creating success for themselves and others.

Executive Vice President Bruce Redd



“So many qualities instantly come to mind when you hear the word ‘leader’... charismatic, inspiring, dynamic, articulate... those are wonderful qualities to have, but the longer I live, the more I’m convinced that those aren’t the most important attributes a leader can possess.

When I think of a great leader, I think of what I call ‘the quiet servant’—the person who makes an impact through serving those around them, every single day, without a lot of fuss or fanfare. I think of the person who’s not in it for the credit or the glory, but for the joy they feel when they help other people change their lives for the better.

“Changing lives for the better starts with a definite plan, and with a clear destination in mind—and effective

leaders have both. In fact, I believe a sure sign of a great leader is that they’re leading their team to a place worth going!

“This is the perfect time for all our 4Life leaders to reassess their ‘big picture.’ First, take stock of your motivation: are you in this for you? Are you in this for your family? For your team? Examine your heart, and you will rediscover why you’re here. Then invest your best in others—devote your time and energies into helping your organization succeed, all the while keeping in tune with how everyone is progressing. Constant contact ensures that you’re all staying the course together, and gives you opportunities to offer encouragement and support along the way.” ●

I believe a sure sign of a great leader is that they’re leading their team to a place worth going!

Co-founder Bianca Lisonbee



Happy Mediums

DVD? Cards? PowerPoint®? Making sense of Step One



the COMPASS
YOUR 4LIFE GUIDE FOR SUCCESS

You've popped open your new distributor training system, **The Compass**, and checked out all the goodies inside. You begin browsing through Step One, called *Discover*, and before long you notice that everything essentially reads the same... at which point you may ask yourself: "Am I supposed to

be looking at the same thing in three separate places?"

The answer is yes. There are three different formats, or "mediums," of the *Discover* presentation—a video (DVD), a PowerPoint presentation (slides you can show on a computer), and a set of presentation cards—and they all contain

the same information. Each medium has its own distinct advantages, both when you're learning the presentation for yourself, and when you're presenting it to others.

In other words, **The Compass** has a medium that can make everyone... well, happy!

Discover DVD

The presentation cards are great for:

- Brand-new distributors who have little or no knowledge of the 4Life® story—it's a learning tool as well as a presentation tool.
- Distributors who are not comfortable giving personal presentations—just pop in the DVD and let the video do the presentation for you.
- Large group presentations—the polished, professional video is designed to make a big impact on a big 4Life crowd.
- Virtual impact—the video presentation can be found at www.4life.com ("Opportunity" at top of page; "Compass" at left of page; "Discover 4Life video" at left of page). Once you have selected the video, copy the URL from your address box and paste it into a prospect's e-mail. The URL becomes a link that your prospect can click on and view the video, without having to hunt it down on the website! (Nifty, huh?)

Discover Presentation Cards

The presentation cards are great for:

- Small group settings—if you're meeting one-on-one or with two or three people, and want a more personable, interactive approach, the cards are the perfect medium.
- Customizing your approach—the cards enable you to tailor your presentation for every prospect. Remove cards, change the order of the cards... it's up to you!
- Self-education—the cards function as the manual for Step One, so use the cards to learn the talking points of the opportunity. Helpful hint: you'll want to sound more conversational when you give your presentation, so be sure to learn the material on the cards before using them in a presentation—it will look and sound awkward to read the card word for word before passing it to your prospect! Bolded words and phrases serve as visual prompts for you as you're using the cards in your presentation. (By the way, you can download and print the cards from the Business Center as well.)

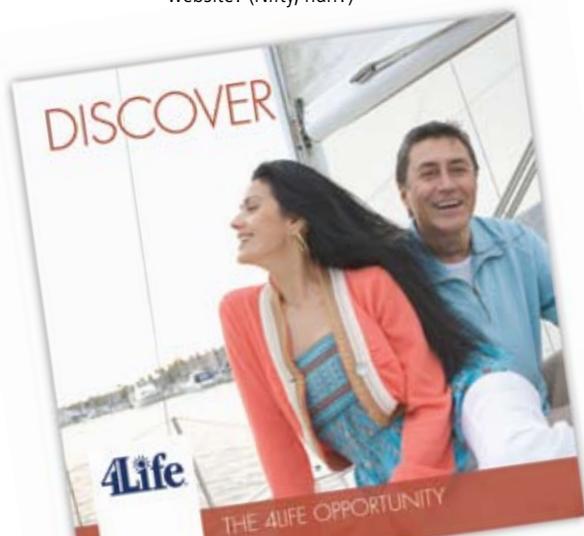
Discover PowerPoint

The PowerPoint presentation (located on the Resources CD in your kit and online in the Business Center) is great for:

- Meetings of all shapes and sizes—the PowerPoint is intimate enough to use at a coffee shop with a few folks (laptops are so handy!), and sophisticated enough to use with a large assembly (just add a projector to that handy laptop).
- A tailor-made program—like the cards, you can customize the PowerPoint slides by removing or changing the order of the slides. (NOTE: Save each customized version as a new document, so that your "master" version stays intact.)
- Hi-tech, long-distance meetings—want to share with someone in a different state? A different country? No problem—simply e-mail the PowerPoint to a prospect and conduct the presentation, slide by slide, over the phone. (Pretty slick!)

Throughout your 4Life journey you'll share the 4Life message many times, with many people, in many different situations, so getting acquainted with all three presentation formats is very important. So pick a "happy medium," and chart your course for presentation success!

Give us your Compass feedback!
compass@4life.com



4Life is hitting the road and going coast to coast



Want the 411 on the U.S. city meetings this winter?
The 4Life website has everything you need!

4Life
TOGETHER, BUILDING PEOPLE®

We'll see you at the meetings near you!

www.4life.com



Foundation 4Life Acts With Impact

4Life® Distributors in Mexico and the Dominican Republic aided in the wake of disaster



Tropical Storm Noel wreaked havoc in November, with torrential rain and flooding that devastated both Mexico and the Dominican Republic. Hundreds of thousands of people were displaced from their homes and entire communities were under water. Among the victims were hundreds of 4Life family members.

Your contributions made a difference

Gold International Diamond Enrique Balboa of Villahermosa, Mexico, is just one 4Life Distributor whose home was submerged in six feet of water for days. He fled northward with his family

to find safety but, in true 4Life spirit, he later returned to Villahermosa to help other families still in need. This life-threatening situation left people like Enrique with no choice but to leave their homes with no clothing or supplies to sustain them.

In response to the distress, Foundation 4Life initiated a corporate relief effort. 4Life Distributors and employees from around the world generously donated to this effort and helped support 4Life family members in Villahermosa, Tabasco, Mexico, and the Dominican Republic with truckloads of supplies, including: food, water, clothing, blankets, and personal hygiene items.

Many 4Life leaders like Enrique Balboa and Gold International Diamond Esdras Cabrera from the Dominican Republic were instrumental in dispersing aid to those in need.

“By pulling together as a 4Life family, we were able to serve on a much higher level,” shared 4Life Chief Executive Officer David Lisonbee. “Foundation 4Life’s vision of reaching out to help rebuild communities in need was realized and, together, we helped make a difference in these distressed countries. Thank you to everyone who joined us in this effort.” ●



Get involved today and help lead the way to a brighter future



Every distributor has the opportunity to make a difference through Foundation 4Life. Here are some simple ways you can get involved:

Foundation 4Life AutoShip Packs

By enrolling in the Foundation 4Life AutoShip Program you will:

- Contribute \$5 to Foundation 4Life each month
- Save big money on some of 4Life's best product packages
- Meet your LP requirement every month—and receive your bonus!

There are nine different packs — to choose one, go online to www.4life.com. Simply log in to the *Business Center* and go to *Account Management/AutoShip Settings*.

Round It Up

When your 4Life® Product order totals \$98.50, why not round it up to nearest dollar and give that extra money to Foundation 4Life? You'd be surprised how quickly this “loose change” adds up!

Bonus Check Donation

Donate a portion of your monthly 4Life commission check. No matter how much you give, your monthly donation makes a big difference.

One-time Order Donation

Give a little or a lot, when you make a donation with your next 4Life order.

Online Ordering

If your area is set up for online ordering, you'll receive a prompt the next time you order to include a donation.

Bring your light and, together, we can bring a little more joy to the world—donate today! ●



Ties that *Make connections with regular 4Life® Meetings* bind

Connections are the vital links that bind us to other people. Whether they form through past experiences, present challenges, or hopes for the future, connections forge bonds and build strong relationships.

Making lasting connections with the distributors in your group through consistent communication is truly the lifeblood of your 4Life Business. And the best way to make and keep strong connections as a team? Hold regular prospecting meetings. Meetings, whether hosted by you or someone in

your organization, reinforce team commitment, renew shared goals, and provide support and appreciation for all. In short, your meetings become the glue that bonds each person to each other, and to 4Life.

Prepare to host your own meeting by attending meetings hosted by your upline. Use these meetings as training sessions. As you attend more presentations, your confidence and knowledge will expand, as will your readiness to present the opportunity yourself.

Meetings, Large and Small

The act of meeting is powerful, regardless of the number of people in attendance. Although it's clearly exciting to unite with thousands of other 4Life Distributors in a huge rally, a circle of a dozen new or potential distributors, all learning about the 4Life Products and Opportunity, has its own advantages. This more intimate setting can provide a more individualized training environment where attendees receive focused attention, answers to personal questions, and support. Regardless of meeting size, attending a meeting helps you make lasting connections that foster unity, a common sense of purpose, and resolve.

Gold International Diamond Barbara Wagner has created a unified distributor group with her regular meeting schedule. She says, "I hold monthly meetings that have created close bonds with the members of my group. We hold summer barbecues and Christmas parties and we have a lot of fun together. We share tears and laughter. I feel like I have known them for years."

Make Regular Meetings the Norm

Here's a secret worth learning: holding regular meetings with your group is the single most powerful thing you can do to grow your business! If you don't meet regularly—making and reinforcing your connections to your existing team and potential members—early growth can quickly stall. Distributors may feel disengaged and "not a part of things." Disengagement leads, in most cases, to a loss of commitment and stagnant businesses.

Platinum International Diamond Juan Rosado has reaped the benefits of holding regular meetings with his distributor team. He comments, "The purpose of each meeting is to present the plan, establish relationships, and create a good plan for working together as a team. Each presentation, each meeting, and each time you present the plan brings you closer to your dreams!"

Connect to Your Worldwide Community

Some of your distributors may live far away from others in the group, making regular meetings a challenge. If your group is spread far and wide, there are still many ways to strengthen the ties that bond you together. Try one of these long-distance strategies:

- Start a weekly conference call to share testimonials, business-building tips, and advice for prospecting.
- Establish a video conference call and host a meeting for your distributors all over the world.
- Take advantage of e-mail and online chat groups to bridge the miles.
- Make sure you and your distributors stay plugged into the latest training, education, and recognition on the *Community* tab of the 4Life website.

No matter where you are in the world, you can feel a part of the 4Life Community!

Hold regular meetings, whether they're once a week or once a month. Make it a priority, no matter what happens. When you know that's a standing appointment in your date book, you'll be more motivated to get people there every time. As you consistently hold meetings, attendance will grow—and so will your group. ●

4Life is hitting the road and stopping at a city near you

4Life's cracker-jack team of experienced presenters and product experts are hitting the road, starting January 15, 2008, to bring the message of Science, Success, and Service to every major city across the United States. These meetings will unveil the beauty of **The Compass** training system, explain the unique features of the compensation plan, fill you in on the exciting research surrounding the Tri-Factor™ Formula products, and more. Gather your group and get ready to join in the fervor this road trip extravaganza is sure to create.

Want to find out all the stops along this coast-to-coast tour? We've got current stops listed online and are adding more cities every day, so check back frequently.

Find your closest meeting by logging on to www.4life.com. Click on the *Community* tab and then click on *Meetings* to find information about a city meeting near you!

iBuy

FYI

The iBuy is available every month from the 8th through the 12th. You've got just a few days to snag the sweetest 4Life Product deal around.

Don't let this chance for savings pass you by. Set your alarm, put a note on the fridge, tie a string around your finger... and don't miss the iBuy.





How were you *elevated* at convention 2007?



“Before **elevation07**, I had lost hope because of personal challenges. I felt emotionally defeated, and didn’t think I had enough strength to continue building my 4Life Business. It was a dark time in my life. I didn’t have the motivation to attend convention, but my downline in Japan asked me to go. I booked my flight at the last minute. It was a life-changing experience.

In re-connecting with my 4Life family, I realized that the answer to my problems was always right in front of me. 4Life is the path I will take in life. I want to share the gifts of 4Life, and I am committed to serving others with a message of wellness and wealth. Thank you, 4Life, for giving me back my hope.”

Naoka Chindo
International Diamond
Hawaii



“This was the first 4Life convention we have attended. We went together with four leaders in our organization, as well as with our children. The convention exceeded our expectations. Everything was just spectacular—the workshops, the organization, the teamwork, and the disco party. We were extremely impressed with the new Tri-Factor Formula and very grateful to the entire team of scientists in the Research and Development department. We really enjoyed being able to personally see the doctors, scientists, and product specialists from 4Life. We went to this convention as Diamonds, but by the next convention we will be Internationals, at the very least. We’ll see you in Orlando!”

Enzo Berlingeri and Margarita Rivera
Diamonds
Puerto Rico

“This was my very first convention with 4Life. I came away feeling very proud that I made such a wise choice in becoming part of this company. I was so impressed with the sincerity and integrity of everyone I met, especially David and Bianca Lisonbee. We need to make 4Life a known name right here in the U.S. My goal is to ‘wake up Wisconsin’ with 4Life. Thank you!”

Kathy Johnson
Diamond
Wisconsin





“I am so happy that I went to **elevation07**. It took me four days to get there (I missed my train in Chicago and had to wait for another one). I was so excited about the convention that I didn’t even complain. By the time I got to Utah on Thursday at 6:30 am, the little money I had brought with me was already gone. I slept for two hours and then headed out to the convention. I enjoyed every minute of it. I talked to people until I could not physically talk anymore. It was great to see so many people from different countries, but all of us with common goals. I felt proud to be part of 4Life®. When I had a picture taken with David Lisonbee, I knew the whole trip had been worth it. Thank you again, 4Life. If I have to walk to the next convention, I will do it!”

Wilfredo Muñoz
Diamond
 New Jersey



“**Elevation07** was our first convention since we joined 4Life a year ago. We had a blast and enjoyed every moment—the U.S. Home Office tour, the workshops, Recognition Gala, parties, Foundation 4Life™ activity, and La Casa Rosada orphanage stories. We had the opportunity to socialize for a week with so many people from different parts of the world in an environment of friendship and teamwork. It was a great experience that we will never forget! We are anxiously looking forward to Convention 2009! Thank you to the 4Life team for preparing a wonderful experience.”

Francisco and Luz Santiago
Diamonds
 Florida



“This was my first convention and it was an extraordinary experience for me and for my team. It was great to be able to share this time with such a great group of people. There were many exciting moments. As I saw how we have been able to bless the children of La Casa Rosada Orphanage, my heart swelled with joy. And it was wonderful to walk across the stage during the Recognition Gala! The disco party was great. I danced that night from the beginning all the way to the end. I’ll see you in Orlando as an International Diamond!”

Iriolmary Quiñones
Diamond
 Puerto Rico

“It was so exciting to be at convention and in the same room with so many high-energy people.

It was exciting to meet other 4Life® Distributors. The workshops were wonderful and educational.

I came home even more eager to reach out to people and tell them about the new Tri-Factor™ Formula and all the 4Life Products. Everywhere I go I talk

about 4Life. I signed up for an internet class so I can learn how to direct people to my website. Thanks for a wonderful convention. Convention 2009 is already on my calendar and I’m saving my air miles. See you there!”

Marianne Polivka *(not pictured)*
Leader
 Ohio





November 2007 Great Escape Winners

United States

Teresa Tomalska
Darien, IL

Luis Ortiz
Chicago, IL

Walter Alor
Lindon, UT

Elvira Villafranca
Brownsville, TX

Maria Libia Garcia Arias
Location

Mario F. Astudillo
Monticello, IN

Beatriz Varona
Boca Raton, FL

Norma Miranda
Miami, FL

Maria Torres
Miami, FL

Canada

Mayerling Arredondo
Montreal, Quebec

Jan Jambor
Schomberg, Ontario

Russia

Chernishov Aleksey

Colombia

Jairo Gilberto Rodriguez

Sweden

Fatima Karlsson

Japan

Hitoshi Kishaba
Machiko Nishitani
Hiroki & Satomi Takasuji

Malaysia

Dr Siti Aniza Bte Basir
Muhamad Shahril Bin Samsudin
Adrian Lee Szion Wye

Singapore

Santi Yuanita

October Attendees

Donna & Dave Alexander
Iris Vazquez & Carmelo Pabon
Freddy Paulino & Kari Aloupis
Andrea Lortie & Maria Ayan
Maria Henriquez & Daniel Dooling
Maria Palma Garcia & Andres Rubio
Maria Del C. Batista & Domingo Batista
Ethlyn Smith & Reuben Crawford
Andy Lugo & Mercedes Diaz
Camilo Ramirez & Adrienne Bissaud
Bertha Vega & Gabina Duarte
Edel Marino & Jorge Galindez
Maritza Burgos & Ilsa Vega
Iris Torres & Ricardo Figueroa
Luz Moreno & Cesar Pineiro
Providencia Agosto-Riveria & Ramon Rivera
Jose Rosario & Elbi Gonzalez
Edgar Corniel & Carmen Salas Mena
Martha Marrufo & Martha Rivera

October Highlights

1. **Off to see the sights!**
These Great Escapers are ready for a day of sightseeing!
2. **4Life's the best!**
These distributors agree that relaxing in Mexico is the best escape ever.
3. **Nothing better!**
There's definitely nothing better than vacationing with someone you care about.
4. **All smiles!**
Wouldn't you be happy, too, if you were on a dream vacation in Mexico?
5. **Out and about**
It's just another day of strolling and shopping for these 4Life Distributors.





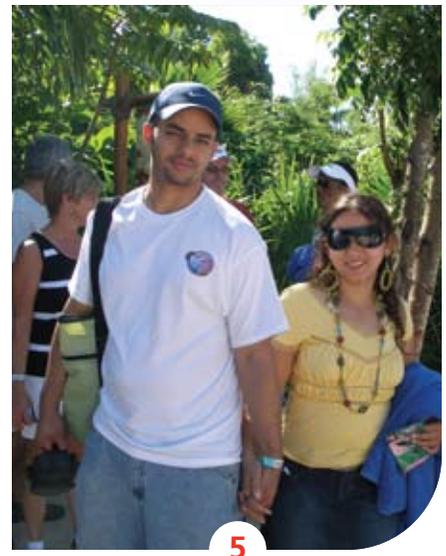
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December 2007 Great Escape Winners

United States

Wendy H. Young
Temple City, CA

Wilma Cintron
San Juan, PR

Carlos Rodriguez
Hialeah, FL

John McIntosh
Prineville, OR

Pawel Tomalski
Darien, IL

Joel Hernandez Gonzales
Camuy, PR

Vianey Longhurst
Fruitland, ID

Ascencion Rodriguez
Doral, FL

Amparo Londoño
Pembroke Pines, FL

Carlos Morales
Homestead, FL

Japan

Thank All International
Yoshida Tomiko
Tagami Midori

Russia

Lyudmila Kulakova

November Attendees

Luis Cervantes & Alicia Esparaza
Tony Gonzalez & Abelardo Irizarry
Oscar & Eda Mena
Ricardo Bermudez & Lesbia Oropesa
Jozef Chudzinski & Gabriela Jambor
Judith & Cristina Taveras
Manuel & Mery Colon
Stephen & Emil Cheng
Sharon & Carl Cheng
Jose Robles & Maria Perez
Easther Chang & Akiko Fujii
Darquis & Victor Gil
Angel & Susan Ramos
Adalina Montijo & Victor Guzman
Maria Valdez & Rafaela Anaya
Limay & Min Lee



November Highlights

1. **Show us your muscles!**
The "men" of the trip show off their stuff in Cancun!
2. **A day in paradise**
The women pause to snap a photo in the midst of lush and beautiful Cancun.
3. **Hats off to 4Life!**
4Life Distributors sport stylish hats and poses during their Great Escape trip.
4. **We're all here!**
November's Great Escape group is happy, relaxed, and thrilled to be together.
5. **Taking in the scenery**
These vacationers drink in the sights and sounds of Mexico together.



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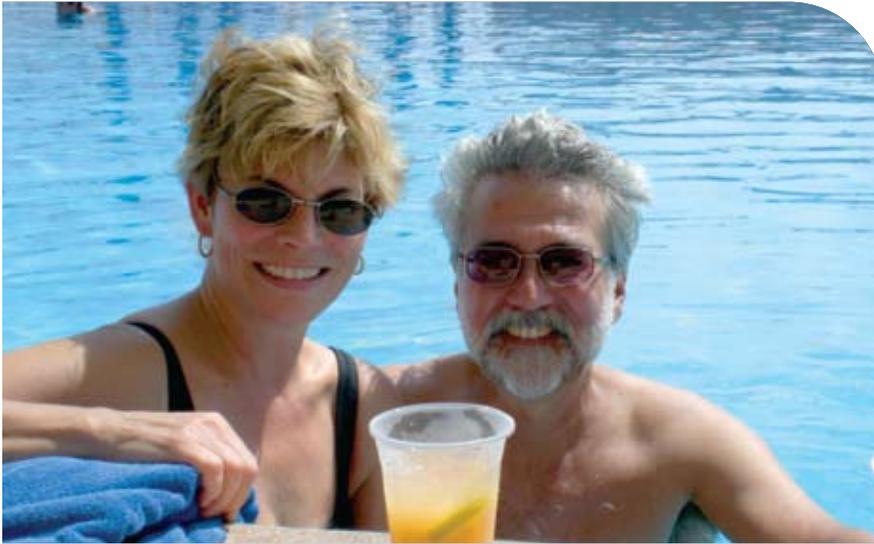




A Trove of Treasured Moments

Dave and Donna Alexander

Diamonds | Bruceton Mills, West Virginia



In January of 2007, Dave Alexander was on a desperate search to support his immune system. His wife Donna was already a firm believer in 4Life Transfer Factor® products. “She had been taking 4Life Transfer Factor for about

three years,” comments Dave. “Not me, though. She tried to get me to take it and occasionally

I would, but not regularly.” When Dave was confronted with a need to really boost his immune system, he turned to 4Life Transfer Factor Plus® Advanced Formula, Super Detox®, 4Life Transfer Factor MalePro®, and Choice 50®.

After enjoying great success with 4Life® Products, Dave was anxious to share his news. A clinic in Arizona that Dave attended was so impressed with 4Life Transfer Factor that they signed up with 4Life. Dave even shared information

about 4Life Products with the Mayo Clinic! Because of the great product benefits they’ve both experienced, it’s no wonder that Dave and Donna focus their business-building efforts on the 4Life Product line first and foremost. “We focus on the products and the success we’ve experienced and witnessed in others,” Dave remarks. “By helping others support their health, it is only natural that your downline will grow. How can you ever get discouraged when you are helping someone else get the chance to have a fantastic quality of life?”

They’ve also found great success with the Power Pool. Winning the Great Escape trip really got their attention. “What was our favorite moment? Every moment was a favorite, from the time we landed in Cancun until we departed for home. We were greeted right off the plane with a big 4Life sign held by three new friends. What a great feeling! We arrived at the hotel to be met by yet another 4Life representative, who gave us a warm welcome and a beach bag of fun

things and spending money. That was all in the first half-hour! Wow!”

Their dream vacation continued with fun in the sun and plenty of memorable moments. Dave recalls, “We loved going to Xcaret and swimming in the underground waterways. Everyone we met was extremely nice and helpful, including one young man who helped teach Donna how to salsa dance! 4Life did everything first-class on the Great Escape. The trip was truly a motivator—and now it is up to us to keep moving the ball forward. We’re looking forward to our next Great Escape trip!” ●

They call West Virginia home, but Dave and Donna have their own antique business and travel throughout the United States, South America, Europe, and India in search of treasures. They truly live their favorite quote: “One man’s junk is another man’s treasure!”

► Recollections of a Great Escape

More than the t-shirts and various trinkets they purchased, the memories they made on the Great Escape trip were Dave and Donna’s greatest souvenirs. Dave remembers, “Meeting other Great Escape winners and sharing our stories with each other was wonderful.”

Every moment was a favorite, from the time we landed in Cancun until we departed for home.



Let's Get Together!

“The beginning of a new year is a great chance to renew your resolve to reach out in service.”

The root for the word convention—“to convene”—comes from the Latin phrase *con venire*. It literally means “to come together with.” I believe that one of the best ways we can come together and unite as distributors and corporate team members is through meaningful acts of service that we provide to others.

I recently had the privilege of representing 4Life® (and all of you!) on the “TODAY” show during their annual holiday charity drive. 4Life donated more than \$100,000 worth of warm blankets, soft pillows, and 4Life Transfer Factor® ennumi™ lotion to this worthy cause.

It was an honor to be your voice and showcase to the world how dedicated 4Life is to positively impacting the lives of people all over the world. Thank you for all you do each day to make these types of milestones possible.

Writer Ralph Waldo Emerson once said, “It is one of the most beautiful compensations of this life that no man can sincerely try to help another without helping himself.” I think Mr. Emerson would have made a great 4Life Distributor! He captures here the essence of our Together, Building People® philosophy. I truly believe that when we serve others, we understand what building

others really means. When we help others become the best they can be, don't we always discover in the process that we have also become better people?

With the beginning of a new year, it's a great chance to renew your resolve to reach out in service, both personally and as a distributor team. Make it a part of the very fabric of your focus as a group. Unite with us as we build and lift others through service. In serving others, we will truly discover our potential, both as individuals and as a company. Let's get together through meaningful acts of service! ●

Head in the Direction
of Your Dreams



the COMPASS
YOUR 4LIFE GUIDE FOR SUCCESS



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